



## Natural Sprout Company, LLC

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### Technical Specifications - Broccoli

#### Growing and Harvesting Conditions

- Produced high in the Rocky Mountains
- Hydroponically grown
- Environmentally controlled greenhouses
- Nutrient rich
- Timed growth for optimal activity
- Micro-biologically tested
- A "Whole Food"
- All natural "Live Superfood"
- Low temperature air-dried
- Grown fresh to order
- 60 mesh powder
- Enzyme Active

#### Potential Benefits

- Sulforaphane rich
- Subject of numerous studies of protection properties
- Potent and natural antioxidant properties
- Immune enhancing and detoxifying characteristics
- Enzyme active whole food

#### Live Nutritional Profile (Phytochemicals: enzymes, carotene, tocopherol)

<b>Amino Acids</b>	<b>Minerals</b>	<b>Vitamins</b>	<b>Enzymes</b>
Alanine	Calcium	Folate	Carotene, alpha
Arginine	Copper	Niacin	Carotene, beta
Aspartic acid	Iron	Pantothenic acid	Cryptoxanthin, beta
Cystine	Magnesium	Retinol	Lutein plus
Glutamic acid	Phosphorus	Riboflavin B2	Zeaxanthin
Glycine	Manganese	Thiamine	Lycopene
Histidine	Potassium	Tocopherol, beta	Sulforaphane
Isoleucine	Selenium	Tocopherol, delta	Theobromine
Leucine	Sodium	Tocopherol, gamma	
Lysine	Zinc	Vitamin A, RAE	
Methionine		Vitamin A, IU	
Phenylalanine		Vitamin B12	
Proline		Vitamin B6	
Threonine		Vitamin C	
Tryptophan		Vitamin E (alpha-tocopherol)	
Tyrosine		Vitamin K (phylloquinone)	
Valine			