



Natural Sprout Company, LLC

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Technical Specifications - Buckwheat

Growing and Harvesting Conditions

- Produced high in the Rocky Mountains
- Hydroponically grown
- Environmentally controlled greenhouses
- Nutrient rich
- Timed growth for optimal activity
- Micro-biologically tested
- A "Whole Food"
- All natural "Live Superfood"
- Low temperature air-dried
- Grown fresh to order
- 60 mesh powder
- Enzyme Active

Potential Benefits

- Considered as potential therapy to treat diabetes, hypercholesterolemia, hypertension, and cardiovascular disorder.
- Gluten and wheat free
- Excellent source of protein and iron
- Contains all 8 amino acids
- Rich in lecithin, thought to balance cholesterol
- High in bioflavins
- High in Vitamin B content

Live Nutritional Profile (Phytochemicals: enzymes, carotene, tocopherol)

Amino Acids		Minerals	Vitamins	Enzymes
Alanine	Serine	Calcium	Biotin	Catalase CAT
Arginine	Threonine	Copper	Folate	Co-enzyme Q10
Aspartic acid	Tryptophan	Iron	Folic Acid	Peroxidase POD
Cystine	Tyrosine	Magnesium	Inositol	Super oxide dismutase SOD
Glutamic acid	Valine	Manganese	Niacin	
Glycine		Phosphorus	Nicotinic acid	
Histidine		Potassium	Pantothenic acid	
Isoleucine		Selenium	Pyridoxine B6	
Leucine		Sodium	Riboflavin B2	
Lysine		Zinc	Thiamine B1	
Methionine			Vitamin A	
Phenylalanine			Vitamin C	
Proline			Vitamin E	