



## Natural Sprout Company, LLC

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### Technical Specifications - Millet

#### Growing and Harvesting Conditions

- Produced high in the Rocky Mountains
- Hydroponically grown
- Environmentally controlled greenhouses
- Nutrient rich
- Timed growth for optimal activity
- Micro-biologically tested
- A "Whole Food"
- All natural "Live Superfood"
- Low temperature air-dried
- Grown fresh to order
- 60 mesh powder
- Enzyme Active

#### Potential Benefits

- A staple in diets of one-third the world's population
- High in protein
- A complete food
- Excellent source of fiber
- High potency of vitamins B, copper and manganese
- Rich in minerals and amino acids

#### Live Nutritional Profile (Phytochemicals: enzymes, carotene, tocopherol)

##### Amino Acids

Alanine            Tryptophan  
Arginine          Tyrosine  
Aspartic acid    Valine  
Cystine  
Glutamic acid  
Glycine  
Histidine  
Isoleucine  
Leucine  
Lysine  
Methionine  
Phenylalanine  
Proline  
Serine  
Threonine

##### Minerals

Calcium  
Copper  
Iron  
Magnesium  
Manganese  
Phosphorus  
Potassium  
Sodium  
Zinc

##### Vitamins

Folate  
Niacin  
Pantothenic acid  
Pyridoxine B6  
Riboflavin B2  
Thiamine B1  
Vitamin A  
Vitamin B12  
Vitamin C  
Vitamin E