



## Natural Sprout Company, LLC

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### Technical Specifications - Mung Bean

#### Growing and Harvesting Conditions

- Produced high in the Rocky Mountains
- Hydroponically grown
- Environmentally controlled greenhouses
- Nutrient rich
- Timed growth for optimal activity
- Micro-biologically tested
- A "Whole Food"
- All natural "Live Superfood"
- Low temperature air-dried
- Grown fresh to order
- 60 mesh powder
- Enzyme Active

#### Potential Benefits

- Enhanced antioxidant enzymes and coenzymes
- Potassium rich food
- Excellent source of Vitamin A and B1, B2 & B3
- Super nutritious food source
- Excellent source of protein
- High food energy content

#### Live Nutritional Profile (Phytochemicals: enzymes, carotene, tocopherol)

##### Amino Acids

Alanine            Threonine  
Arginine          Tryptophan  
Aspartic acid    Tyrosine  
Cystine           Valine  
Glutamic acid  
Glycine  
Histidine  
Isoleucine  
Leucine  
Lysine  
Methionine  
Phenylalanine  
Proline  
Serine

##### Minerals

Calcium  
Copper  
Iron  
Magnesium  
Manganese  
Phosphorus  
Potassium  
Selenium  
Sodium  
Zinc

##### Vitamins

Folate            Vitamin C  
Folate, DFE     Vitamin E  
Folic Acid  
Niacin  
Nicotinic acid  
Pantothenic acid  
Pyridoxine B6  
Retinol  
Riboflavin B2  
Thiamine B1  
Vitamin A  
Vitamin A, IU  
Vitamin A, RAE  
Vitamin B12