



Natural Sprout Company, LLC

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Technical Specifications - Spelt

Growing and Harvesting Conditions

- Produced high in the Rocky Mountains
- Hydroponically grown
- Environmentally controlled greenhouses
- Nutrient rich
- Timed growth for optimal activity
- Micro-biologically tested
- A "Whole Food"
- All natural "Live Superfood"
- Low temperature air-dried
- Grown fresh to order
- 60 mesh powder
- Enzyme Active

Potential Benefits

- Immune system stimulate
- Special carbohydrates which play a decisive role in blood clotting
- High bioavailability due to high water solubility
- Lubricating, warming and more digestible than most other grains

Live Nutritional Profile (Phytochemicals: enzymes, carotene, tocopherol)

| Amino Acids | Minerals | Vitamins | Essential Fatty Acids | |
|---------------|-----------|---------------|-----------------------|---------------|
| cystine | Calcium | Thiamine | Arachidonic | Palmitic acid |
| isoleucine | Copper | Riboflavin B2 | Arachinic acid | Stearic acid |
| leucine | Iron | Vitamin A | Behenic acid | |
| lysone | Magnesium | Vitamin C | Capric acid | |
| methionine | Manganese | Vitamin E | Caprylic acid | |
| phenylalanine | Potassium | | Eicosadienic | |
| threonine | Zinc | | Erucainic acid | |
| typtophan | | | Laurinic acid | |
| valine | | | Linocerinic acid | |
| | | | Linoleic acid | |
| | | | Linolenic acid | |
| | | | Myristinic acid | |
| | | | Myristoleinic acid | |
| | | | Nervonic acid | |
| | | | Oleic acid | |